



# Stan's Ink Monthly



Volume 18, Issue 5

May, 2024

## Mark Your Calendar!

May 17 - Apparel Orders Due  
May 27 - Memorial Day



## Highway to Health

### It's Okay to Not Be Okay

*It's May, so just checking in...  
"How is everybody doing?"*

In case you missed it, Sesame Street's lovable Elmo posed that very question on social media earlier this year – and the responses came flooding in. From relationship problems to financial troubles, and feelings of exhaustion, angst, loneliness, and disconnection, people shared their struggles. At last count, Elmo's post had garnered more than 217 million views, 15,000 reposts, 165,000 likes, and 45,000 responses on one social media platform alone. What this helps reveal is that many of us are NOT okay – and it's important to acknowledge and address that, and make sure people know that help is available.

**Mental Health Conditions Can Affect Anyone**  
May is Mental Health Awareness Month, a good reminder to focus on the importance of mental health and its impact on our well-being. Mental health conditions can affect anyone, regardless of gender, age, race, ethnicity, or income level. Recent data help underscore that our nation is facing an unprecedented mental health crisis among people of all ages and backgrounds, including young children and older adults. To put this into perspective, if you were standing in a room full of people, at least one out of every five of those people likely experienced anxiety, depression, or other mental health conditions in the last year.

Reach out to a friend or loved one and remind them that you see them, hear them and support them. Please take care of yourself as well. Don't be afraid to reach out! It's OK to not be OK. Mental health awareness is part of healthy living. Start the conversation!

SAMHSA.gov

## Mike's Words of Wisdom...

### Your Outlook Determines Your Outcome in Life.

Having a positive mind set allows us to be more productive and produce greater value at home and at work. To have a positive mindset we have to surround ourselves with positive people and not get drug down by the negative people around us. To do this we have to be aware of who we hang around and who we allow to influence us in our day to day lives. Sharing a positive attitude is valuable to us individually but especially valuable to our families and our Stan's family. Bottom line is positivity breeds more positivity and negativity breeds more negativity. We have to lead the way by being positive. **"You can not have a positive life and a negative mind."** Joyce Meyer

**"Three things you control every day are your Attitude, your Effort, and your Actions!"** Jon Gordon

**Attitude.** Everyone has one but it is up to each of us to decide if we want to have a good one or bad one. Whatever attitude we choose will infect those people around us.

**Effort.** Our results will come from the effort we put into it. Teams, families, and businesses rely on everyone's efforts to be successful. If we find ways to get by with doing less, then we will get less in return. Giving 100% in a relationship or a job shows that we are committed to its success.

**Actions.** We can draw up the plan, write up goals, or talk about what we are going to do but nothing happens unless we put them in motion. No one else will do it for us so we need to be self/team motivated to put the plan into motion so we can reach our goals. **Productivity = Value.**

Taking control of these 3 things will unlock our full potential and allow us to grow as individuals and as a company. Stan's is built on great individuals doing great things which allows us to reach our goals that benefit our customers, Stan's and us as individuals. So, if we want a positive outcome in our lives we need to focus on a positive outlook while controlling our attitude, efforts, and actions!!

### Respect Relationships Results



Stan's is mourning the loss of one of our own and one of the best we have known. Bill Ryan, a.k.a. 'Thumper', passed away on April 27th. We will miss him (and his stories) and equally miss his lovely & cheerful office manager/wife, Lyn. Please keep Lyn and her family in your prayers.



# WEAR YOUR TEAM COLORS!

## Custom Apparel Orders DUE 5/17/24

Contact Elizabeth to place your order: elizabethp@stansinc.net 605-961-9501

## April Accidents & Incidents

Slid off road, needed tow out..... \$5,000  
 Feed in wrong bin ..... \$7,000  
 Damaged side fairing ..... \$2,000  
**Total : \$14,000**



We have a \$25,000 deductible and are counting on **YOU** to keep costs down.

## April Top Fuel Mileage Performers

### Reefer Division:

6.48 MPG - 8.76 MPG Cost/Mile \$0.62 - \$0.46

Jeff Landeen - 8.76  
 Fred Dupris - 8.47  
 Joey Pearson - 8.33  
 Brian Alumbaugh - 8.24  
 Bill Steffey - 8.23

**Total April Miles: 451,840**      **April MPG Avg: 7.60**

Stan's employees have worked

# 834 days

without a "lost time" accident!

**THINK SAFE  
 WORK SAFE  
 BE SAFE**

## HRCORNER Career Opportunities!

- Fleet Detailer
- Logistics/CSR
- IT Support \*
- Farm Labor
- Drivers \*\*:
  - ⇒ Local, Regional & OTR
  - ⇒ Feed Delivery

\* Eligible for \$2,000 referral & sign on bonus  
 \*\* Eligible for \$3,000 referral & sign on bonus

For complete job descriptions contact Tammy @ 605-961-9508.

### May Birthdays

Damon Froke - 5/7  
 Cathy Sprecher - 5/9  
 Audrey Kopfmann - 5/14  
 Tim Walker - 5/21  
 Sam Weninger - 5/31  
*Happy Birthday to our May babies!*



### June Birthdays

Ivy Eichstadt - 6/5  
 Elizabeth Pester - 6/8  
 Mike Powell - 6/9  
 Farley Trevino - 6/10  
 Todd Johnson - 6/19  
 Leo Cabrera Belen - 6/22  
*Happy Birthday to our June babies!*

### May Years of Service Anniversaries

Todd Boomer - 12 years  
 Steve Borkowski - 9 years  
 Blain Tebay - 7 years  
 Morgan Tebay - 5 years  
 Audrey Kopfmann - 5 years  
 Eric Waldner - 2 years  
 Minette Bothma - 1 year  
 Will Clarey - 1 year  
 Kordel Kohnen - 1 year

**Thank You**  
 for your service & dedication to Stan's!



We recently took the opportunity to celebrate a couple events; Elaine Puetz retirement AND to show off the recently remodeled building that is now occupied by Accounting, HR, Safety & Compliance for all the Stan's business units! Many thanks to Elaine Puetz for her years of service to Stan's and to everyone who helped celebrate!

## Stan's Welcomes New Employees! Please take the time to introduce yourself!



Clint Postolka  
 Wash Bay Division



Cade Sutherland  
 Reefer Division



Kayla Harvey  
 Accounting Division



Andrew Zoss  
 Shop Division



### 12TH ANNUAL BRETT BOOMER MEMORIAL GOLF CLASSIC

**JUNE 15 2024**

The 12th Annual Brett Boomer Memorial Golf Classic will be held at the Broadland Creek Golf Course in Huron, SD on Saturday, June 15th!

The entry fee is \$60.00, and will include: green fees for 18 holes of golf, golf cart (2 players/course), food, (some) beverages, and transportation to and from the golf course, in the one and only "Red Hog Express".

We will leave from, and return to, The Red Hog Pub and Casino in Alpena on June 15th.  
 8:30 am Breakfast at The Red Hog  
 10:00 am Departure from the Red Hog  
 10:30/11:00 am (or so) Golf at Broadland Creek Golf Course in Huron  
 4 pm (or so) return to The Red Hog

We will arrange for lodging at "The Shack" in Alpena for those of you coming in from out of town.

L.boomer@stansinc.net  
 Cell: (982) 261-7739  
 Work: (605) 961-9505 (direct dial)

Please spread the word to those that I may have missed!

We will all be meeting back at The Red Hog Pub and Casino, in Alpena for some food, beverages, door prize drawings and fun after our golfing adventures, everyone's welcome to join us there! Looking forward to seeing all of you soon!!

-Todd  
*In Loving Memory of Brett Alan Boomer*

## Some Pictures of the 2023 Safety & MPG Award Winners!



Dickson Jorgensen



Farley Trevino



Jeff Landeen



Jimmy Block



Justin VanNiekerc



Loren Postma