



Stan's Ink Monthly



Volume 14, Issue 7

July, 2020



Highway to Health

How To Travel Smartly, and Safely, This Summer

Summer travel will not be the same as years' past, but that doesn't mean enjoyment is impossible. Avera Medical Group physician David Basel, MD, "If you're going to venture out, do so with a plan in mind and remember to follow the guidelines about masks, distancing, hand hygiene and other measures that can keep you protected."

Stay Informed and Plan Your Route "Keeping an eye on reports of community spread in your area, along your route, or in the destination city is a good idea," said Basel. "There are areas that are flaring up and areas where the virus is still smoldering, and if you can avoid them, you'll be better off."

"If we consider the risks and what we can control, we'll be safer. Camping is a much better choice than a concert," Basel said. "Travel in a car with family or a small group of friends is much better than air travel. You cannot keep social distance onboard an airplane or while you wait in a security line before boarding."

Protect Yourself and Others "You should wash hands after blowing your nose, coughing, or sneezing, too, and if soap and water are not readily available, use a hand sanitizer," said Basel. "Sanitizers with about 60% alcohol, are best, and be sure to cover all surfaces of your hands and rub your hands together until they feel dry."

The CDC recommends wearing a cloth face covering in public. Dining on the road is a fun part of the trip, but drive-through and curbside pickup is safer than dining in. If you do decide to eat in a diner or restaurant, stay 6 feet away from others. "You can bring alcohol wipes and wipe down any areas you use during the trip, and if you're staying in a hotel overnight, make sure to wash your hands prior to entering your room, because you likely have touched doorknobs, elevator buttons and other high-touch surfaces," said Basel.

Flexibility is Safety "I would encourage anyone to call their health care provider if they notice any signs of the COVID-19 virus. Make sure to pack a thermometer along with your other travel essentials," said Basel. "Keeping yourself healthy – with hydration, good rest, nutritious food and moderate alcohol use are all helpful in the overall effort to avoid illnesses, including the pandemic we're facing now."

Source: Avera.org

Mike's Words of Wisdom...

Four Principles to Live By

Life is full of challenges and 2020 has proven to us that even the best plan can get scrapped by one unforeseen thing. Covid-19 will definitely be remembered as a life altering experience that changed the world in so many ways. It has made us become an anti-social society. We don't have to come up with excuses to stay home because we have Covid-19 as a reason. One thing it has given us is time to look at how we did things pre Covid, and then post Covid. Pre Covid, we ran around frantically trying to do everything possible and not knowing why. Post Covid, we are cooking at home with our families and playing board games with no time constraints. We definitely are going to have a lot of stories when we get to the new normal. Below are four principles to live by that I ran across, because if there is any time to work on change, it is now!

Do What You Say! Our word is one thing that we can't afford to lose. If we say we are going to do something, we need to follow through and do it. Our reputation is built on our word.

Finish What You Start! Completing tasks allows us to move on to the next one. Don't quit on something before you finish it. If we have a bad experience but complete the task, that gives us history and we learn from history.

Be On Time! One of Dad's favorite sayings is if you're 10 minutes early, you're 15 minutes late. Being prompt shows respect for the other party at work, at home, or with friends. When someone tells you I don't have time, they need to finish the sentence....I don't have time...for you!

Say Please and Thank You! This one takes me straight to the book "All I really need to know I learned in Kindergarten." We tell it to our kids all the time, but are we being good role models and doing it ourselves? Kids learn by our actions and our words!

Follow these four principles and we will be successful at work, at home, and in society in general.

Someone shared this with me, so I will share it with you...

Value what we take for granted!

Our health, our families, our freedoms, and our friends. We need to take the time to appreciate them all. We live in the land of opportunity, and what we do with that opportunity depends on us. The only constant is change, and if we become part of the solution, and not part of the problem, we will get through this together.

God Bless America!!

Respect - Relationship - Results

June Accidents and Incidents

Driver forgot to unhook, damaged airlines - \$622

Trailer tire blowout - \$9,200

Driver made too tight of a turn, damaged pigtail - \$558

Driver forgot to unhook, damaged airlines - \$1,250

Driver struck customer's electronic key pad - \$2,000



Total: \$13,630

We have a \$25,000 deductible and are counting on YOU to keep costs down.

Check out the Monthly Safety Media!

Now offered in 2 media formats: CD's & Flash Drives

Congratulations to the June winners!

Shaun Lay Roger Lammey Bill Steffey
Steve Borkowski Michael Phillips

June Top Fuel Mileage Performers

Reefer Division:

8.61 MPG - 6.37 MPG Cost/Mile \$0.28 - \$0.38

Brian Alumbaugh - 8.61

Steve Borkowski - 8.59

Terry Nedved - 8.38

Randy Flitter - 8.23

Loren Postma - 8.21

Reefer drivers traveled a total of **484,111 miles in June!**

Stan's employees have worked
497 days
without a "lost time" accident!

**THINK SAFE
WORK SAFE
BE SAFE**



HR CORNER

We are looking to fill the following positions:

- Feed Truck Driver
- OTR Drivers
- Diesel Mechanic
- Technicians & Finishing Assistants (Swine Division)

Referral Incentive Available
Paid across divisions. (For FT hires)

Please share this information with anyone you know who may be interested in these great opportunities.

For complete job descriptions contact Tammy @ 605-849-3604

July Birthdays

Sandy Naber - 7/6
Dan Harmdierks - 7/21
Kevin Trumbell - 7/29

Happy Birthday to our July babies!

Happy Birthday!

August Birthdays

Monty Johnson - 8/5
Terry Nedved - 8/8
Catherine Lucklum - 8/12
Barry Eldeen - 8/14
Mark Goral - 8/18
Patsy Hoglo - 8/18
Kyle Weinman - 8/19
Alex Kopfmann - 8/20
David Fletcher - 8/30

Happy Birthday to our August babies!

Stan's Welcomes a New Employee!

Floyd Fink

Wash Bay/
Shag Driver



Please take the time to introduce yourself!

\$1000 REFERRAL INCENTIVE!

We've DOUBLED the driver referral incentive!

We still have a few of these \$1,000 incentives up for grabs, so bring us those drivers!



This step challenge was a little different than our previous competitions, it was an individual challenge and only lasted 1 day long, starting the morning of June 20th and ending the evening of June 20th.

1st: Morgan Tebay **2nd:** Patsy Hoglo **3rd:** Lori Haak

Thank you to all that participated in this challenge!

If you would like to join the next challenge, contact Morgan:
morgant@stansinc.net 605-849-3627

"Longest Walk of the Year"
Challenge Results!



FOR SALE HAND SANITIZER

Limit 1 bottle per person until further notice.

\$5.00
per bottle



Contact
Morgan Tebay
605-849-3627
morgant@stansinc.net

COVID-19 PREVENTION



WASH YOUR HANDS



WEAR A FACE MASK



COUGH ETIQUETTE



SOCIAL DISTANCING



USE DISINFECTANT



HEALTHY FOOD



July Years of Service Anniversaries

Bob Haibeck - 20 years
Les Eckels - 10 years
Hans Anderson - 5 years
Todd Johnson - 2 years
Elaine Puetz - 1 year
Devan Jensen - 1 year

Thank You
for your service & dedication to Stan's!