

## Mark Your Calendar!

- Aug 13 - Fire Safety/Extinguisher Training 7am
- Aug 13 - Stan's Social 4:30-6pm
- Aug 20 - Wellness Screenings 8am-noon
- Sep 9 - 14 - National Truck Driver Appreciation Week



### Did you know August is National Wellness Month??

National Wellness Month is meant to have everyone focus on; self-care, manage stress, and prompting healthy routines.

Create wholesome habits in your lifestyle all month long and see how much better you feel!

You can start by knowing your numbers! Have you signed up for the Wellness Screenings set for August 20th?

**If not, get ahold of Morgan today!**

morgant@stansinc.net, 605-849-3627, or ext. 123

### Check out the Monthly Safety CD's!

*Congratulations to the July winners!*

- Jeff White
- Barry Eldeen
- Steve Borkowski
- Mike Powell
- Edward Wipf

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### Mike's Words of Wisdom...

August 2019

Will Rogers once said *"If you want to be successful, you need to know what you're doing, love what you're doing and believe in what you're doing."*

Let's break that quote down by starting with what success is. The dictionary definition of success is "the accomplishment of a purpose." I think success is doing the right thing for the right reason, returning positive results. Success can be as small as losing one pound on your weight loss program, up to making the biggest deal of your lifetime. Success is measured by the results of our efforts.

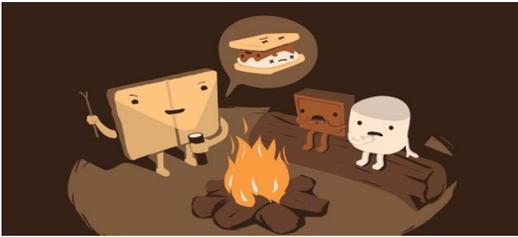
Will says, that we need to know what we are doing. We don't just show up for work, or life in general, and know everything, we have to learn. Learning from others, or by doing, teaches us how to do things and we can either learn the easy way, or the right way, but we have a choice as to what we learn. We have to be competent in what we do to succeed in life and at work.

Next is loving what we do. Do we wake up every day excited about life and coming to work and enjoy what we are doing? Not every day, but hopefully most days. If we don't love what we are doing, then we will not do our best at it. We have to have a passion for what we do to be successful.

Last, he says we need to believe in what we are doing. Do we believe that what we do makes a difference for our families or our customers? Do we believe that we are the best of the best, giving the best we have? If we don't believe in our processes, then we will fail and not succeed.

Being successful doesn't mean we are competing with Warren Buffet and Bill Gates for the title of richest person on earth. Being successful is spending the afternoon with a family member, volunteering for a good cause, providing for our families, or doing our jobs to the best of our ability while enjoying what we are doing. Just keep Will's words in the back of your mind and be confident by knowing what you're doing, passionate by loving what you do, and believing in yourself and your purpose in life.

Respect-Relationship-Results  
God Bless America!!



Stan's employees have worked  
**\*\* 161 days\*\***  
 without a "lost time" accident!



**Fire Safety & Extinguisher Training**

When: Tuesday, Aug 13th @7am  
 Where: Truck Shop

**2019 National Truck Driver Appreciation Week!**

September 8-14 is National Truck Driver Appreciation Week! We would like to take this opportunity to celebrate our drivers! There will be giveaways and extra goodies throughout the week. Stay tuned for more details!

**August Birthdays**

- Monty Johnson - 8/5
- Terry Nedved - 8/8
- Catherine Lucklum - 8/12
- Barry Eldeen - 8/14
- Mark Goral - 8/18
- Jason Gebel - 8/18
- Patsy Hoglo - 8/18
- Kyle Weinman - 8/19
- Alex Kopfmann - 8/20
- David Chapa - 8/21
- David Fletcher - 8/30



**Happy Birthday to our August babies!**

**Stan's Welcomes New Employees!**

Emma Abbott, Sky Mees & Alyssa Huether to the Red Hog Team and Devan Jensen to the Reefer Team. (left to right)

*Please take the time to introduce yourself!*



**Welcome to Stan's!**

**Back to School Supply Drive**

- ♦ Drop off supplies at - Stan's, Red Hog & American Bank & Trust.
- ♦ Can't shop? Cash donations accepted.
- ♦ **Donations accepted until 9/1/19** ← **DEADLINE EXTENDED!**



**Changes coming to TASC!** TASC is in the process of updating and launching a new website. Members are being converted in phases and Stan's will be part of phase 3, which is expected to occur mid September. You should receive email notifications when the updates are complete and when you will need to begin using the new website. After the changes are made, if you attempt to log in to the existing TASC website, you will be re-directed to the new URL and website. Log in information, including user name and password will remain the same. There will also be a change to the current TASC Mobile app. As always, if you have any questions, please feel free to get in contact with Tammy.



**Wellness Screenings 8/20/19, 8AM to Noon**

Screening is FREE to all Stan's & Red Hog employees. Screening is free to spouses if they are covered under the Stan's or Red Hog health insurance plan. There will be a \$45 charge for all others.

For additional questions, or to schedule your appointment, please contact Morgan: morgant@stansinc.net, 605-849-3627, or ext. 123.

**New Apparel!**

The new apparel inventory is out and can be found at the dispatch office & main office.

The previous apparel inventory is still available and can be found at the main office. We will be ordering again soon, so don't panic if we run out of the size you wanted!



**It literally rained cats and dogs, and Ellie is here to show you!**

**On Friday 8/2/19, the Alpena and surrounding counties received anywhere from 2 - 8 inches of rain within just a few hours!**

**August Years of Service Anniversaries**

- Bob Haibeck - 19 years
- Les Eckels - 9 years
- Hans Anderson - 4 years
- Mick Tennant - 2 years
- Dale Eng - 2 years
- Izzy Taguilas - 2 years
- Todd Johnson - 1 year

**Thank you for your service and dedication to Stan's!**

**PARTY TIME!**

**Tuesday, August 13th**

4:30 - 6pm @ The Shack

Join us for a Back to School Social and School Supply Drive!

Bring a new school supply item and get your name in a drawing for a chance to win a prize. Help children in surrounding school districts get the supplies they need!

Donations will continue to be accepted through 8/17/19

**GAMES - SNACKS - BEVERAGES**

**July Top Fuel Mileage Performers**

Reefer Division:	Grain Division:
MPG 5.55 - 9.27 MPG	4.81 MPG - 4.89 MPG
Cost /Mile \$0.55 - \$0.33	Cost/Mile \$0.63 - \$0.62

- |                          |                               |
|--------------------------|-------------------------------|
| <b>Terry Nedved 9.27</b> | <b>Dickson Jorgensen 4.89</b> |
| <b>Mick Tennant 8.95</b> | <b>Bob Baker 4.81</b>         |
| <b>Loren Postma 8.68</b> |                               |
| <b>Bob Halbeck 8.62</b>  |                               |
| <b>Ed Wipf 8.46</b>      |                               |
- Stan's drivers traveled a total of 530,879 miles in July!**