

# Stan's Ink Monthly



## Mark Your Calendar!

June 14— Flag Day

June 16—Father's Day

June 21—Summer Begins



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## Mike's Words of Wisdom...

June 2019

*"Life is 10% what happens to you and 90% how you react to it.  
We are in charge of our attitudes."* Charles R. Swindoll

How we react to things that happen to us define who we are. As Charles says..."we are in charge of our attitudes." Every day we make choices on how we react to things that happen to us at home and at work. Our attitude and actions determine if we become part of the problem or part of the solution.

Sometimes at home or at work the issue that gets us off center is not the real issue. We sometimes let other things weigh on us and then one little thing gets out of whack and we overreact. When we blow things out of proportion the people around us question our actions and it escalates into something bigger than it is. We need to be mindful of how we react and respond to situations or other people's actions. I stick with control the controllables. Don't allow things outside of our control to dictate our decisions. Deal with the facts and make a good decision for our families (both home and Stan's). Putting up fences and throwing out accusation only builds a wall between ourselves and those we are at odds with. We need to take a deep breath and find a solution to the problem even if we have to reach out to others for help. We can't fix everything ourselves, but we can accomplish most things as a team.

Stan's culture is built on doing the right thing for the right reason and that shows by how we service our customers. We can't be the cheapest and deliver highest quality product or we will go out of business, we can't be the most expensive with poor service or we won't have any customers, but we can deliver a great product/service for a competitive price that supports our customers relationships for years to come while growing our businesses together. It is up to each one of us to do our part, so we can grow as individuals and Team Stan's. When issues or challenges arrive on our doorstep we need to take a second and think how we are going to react and what attitude we are going to bring. Our reactions make the difference between success and failure so bring the right attitude and make it a success.

Respect-Relationships-Results



## Highway to Health

### Have a Sun-Safe Summer

It's natural to want to get out in the sun during warm summer days. It should also be second nature to take steps to protect your skin from the sun when you go outside.

Ultraviolet rays—from the sun and other sources like tanning beds—are the #1 cause of skin cancer.

Too much exposure can also cause sunburn, eye damage, and premature wrinkles. But shielding your skin with clothing, broad-spectrum sunscreen with a sun protection factor (SPF) of at least 30, and staying in the shade can help lower your risk.

#### Take these steps to stay sun-safe:

- **Cover up:** When you are out in the sun, wear clothing and a wide-brimmed hat to protect as much skin as possible. Protect your eyes with sunglasses that block at least 99% of UV light.
- **Use a broad-spectrum sunscreen** with an SPF of at least 30: Reapply at least every 2 hours, as well as after swimming or sweating.
- **Seek shade:** Limit your direct exposure to the sun, especially between 10 a.m. and 4 p.m., when UV rays are strongest.
- **Avoid tanning beds and sunlamps:** Both can cause serious long-term skin damage and contribute to skin cancer.

Source: [www.cancer.org](http://www.cancer.org)

## Check out the Monthly Safety CD's!

Congratulations to the May winners!

Bill Steffey

Keith Mathis

Dale Eng

Jimmie Rederth

Jason Mundy



Stan's employees  
have worked  
**\*\* 105 days\*\***  
without a  
"lost time"  
accident!   
**Safety matters**

### Stan's Welcomes New Employees!


Stan's welcomes (left to right) Todd Wells and Stan Lien to the reefer team. Kyle Weinman and Audrey Baysinger join the accounting team. Morgan Tebay has joined the crew in the main office, and will be assisting in many areas of the business. Chris Peterson joins the dispatch team, and Misti Hofer joins the team at the Red Hog. Please take the time to introduce yourself if you come across any of these new faces!



Welcome to Stan's!

### June Birthdays

- Ivy Eichstadt—6/5
- Elizabeth Pester—6/8
- Kenneth Hendee—6/9
- Lloyd Powell—6/9
- Farley Trevino—6/10
- Todd Johnson—6/19
- Lynn Hinrichs—6/22
- Bob Baker—6/27
- Bernadette VanZee—6/29

Happy Birthday to our  
June babies! 



### July Birthdays

- Sandy Naber—7/6
- Laurie Cameron—7/13
- Keith Mathis—7/18
- Dan Harmdierks—7/21
- Kevin Trumbell—7/29

Happy Birthday to our  
July babies!



Congratulations to Megan Kopfmann, daughter of Mike and Lisa Kopfmann, on her recent graduation from USD. Megan has earned her degree in Elementary Education. Congratulation also goes out to Hayden Haak, son of Lori and Jeremy Haak, on his recent High School graduation. Hayden plans to attend MTI in the Fall.



Stan's would also like to congratulate Halley Haak (daughter of Lori and Jeremy Haak) and Austin Kaul on their recent marriage. The happy couple were married on May 25th in Springfield, SD and reside in Rapid City, SD.



### HR Update

401K – Now is your chance to enroll in the 401K (if you meet eligibility requirements). Contributions and Stan's match will begin 7/1. Jeff Lester, Financial Advisor with Eide Bailly, will be onsite Monday 6/17 to visit with anyone who has questions about the 401K and any other retirement related questions.

For information on how to enroll, or to set up a time to visit with Jeff, please contact Tammy in HR @ 605-849-3604.



### Back to School Supplies Drive

**Needed Supplies**

- #2 Yellow Pencils
- Spiral Notebooks
- Big Erasers
- Glue Sticks
- Headphones (no earbuds)
- Dry Erase Markers
- Glue Bottles
- Scissors
- Tissues
- Colored Pencils
- Disinfecting Wipes
- Calculators
- Highlighters
- Crayons
- Book Bags

Help students in local districts gain the tools they need to succeed!

Stan's is partnering with the Alpena Community to support students by providing the supplies essential to an academically successful school year. The average cost for school supplies to start the year is \$85 per student. Please consider donating new supplies to support local schools and learning children.

Drop off supplies at the following locations in Alpena: Stan's, Red Hog, and American Bank & Trust.

If you are unable to shop, cash donations accepted, we will shop for you!

Donations will be accepted until August 1st.

### May Top Fuel Mileage Performers

Reefer Division:	Grain Division:
5.71 MPG—8.48 MPG	4.42 MPG—4.90 MPG
Cost /Mile	Cost /Mile
\$0.55—\$0.37	\$0.71—\$0.64
Maurice Tennant 8.48	Dickson Jorgensen
Bob Haibeck 8.47	4.90
Terry Nedved 8.41	Bob Baker 4.42
Edward Wipf 8.24	
Loren Postma 8.16	

**Stan's drivers  
traveled a total of  
537,579 miles in  
May!**

### June Years of Service Anniversaries

- Jim Troth—21 years
- Sandy Naber—21 years
- Lori Haak—15 years
- Patsy Hoglo—13 years
- Keith Mathis—8 years
- Kevin Trumbell—8 years
- Brian Stange—6 years
- Loren Postma—3 years
- Jimmie Rederth—3 years
- Arturo Mena—2 years
- David Smith—2 years
- Ryan Peterson—2 years

Thank you for your service and dedication to Stan's!