

Stan's Ink Monthly



Mark Your Calendar!

March 10—Daylight Savings Time Begins

March 17—St. Patrick's Day

March 21—Spring Begins!



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Mike's Words of Wisdom...

March 2019

"We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love. There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies." Martin Luther King

A Stan's team member shared this with me, so I thought I would share with you. Forgiveness is a powerful thing, but it is not for the one receiving it, but for the one giving it. When we forgive someone, it removes the burden from us and sets us free. I had one person explain it like this....not forgiving someone is like pulling the rope that rings the bell....it will keep ringing as long as we keep pulling on the rope but once we let go of the rope and forgive, the bell quits ringing. It is our responsibility to let go of the rope and move on.

At home and in business there needs to be give and take. Whether we are dealing with family, work family, or customers we need to have clear communication to have an opportunity for success. How we say things is not always how others receive them, so we need to be mindful and respectful when dealing with others and expect the same in return. The saying "if you give it, you get it" is a true statement with any action. If you are respectful, others will respect you, if you love others, they will love you back. If we give (insert your word here) we will get it in return, it is up to us what we give.

No one is perfect and no matter how good we think we are, we all have flaws and on the other side no matter how bad we think someone is there is always some good in them. It starts with us forgiving others for things that we can't control and freeing ourselves from that stress. The key is us, what we do dictates how happy or how unhappy we want to be. Choose Happy and Forgive!!

Respect-Relationships-Results



Highway to Health

March is Colorectal Cancer Awareness Month

Colorectal cancer is the third most common cancer in the US and the second leading cause of death from cancers that affect both men and women. Colorectal cancer affects people in all racial and ethnic groups and is most common in people age 50 and older.

The good news? If everyone age 50 and older got regular screenings, 6 out of 10 deaths from colorectal cancer could be prevented. Communities, health professionals, and families can work together to encourage people to get screened.

How can Colorectal Cancer Awareness Month make a difference?

We can use this month to raise awareness about colorectal cancer and take action toward prevention. Communities, organizations, families, and individuals can get involved and spread the word.

Here are a few ideas:

- Encourage families to get active together — physical activity may help reduce the risk of colorectal cancer.
- Talk to family, friends, and people in your community about the importance of getting screened for colorectal cancer starting at age 50.

Source: healthfinder.gov



Everyone's Irish
On March 17th.

Check out our closed Facebook page/group labeled as Team Stan's.

This is a closed group that has been created to provide a positive outlet for tips, pictures, successes, travels, a place to ask questions and share information. For drivers to ask or share where there is available overnight parking, washes or any other tips. Where is the best place to have a burger & a cold beer in Alpena, SD?

Check it Out!

Also remember to check out Stan's and the Red Hog on Facebook! Rate us, comment and share!

Stan's employees
have worked
**** 513 days ****
without a
"lost time"
accident! 
Safety matters



Top Fuel
Mick Tennant - 8.07

GOLD Loren Postma - 7.89 Bob Halbeck - 7.82 Jimmie Rederth - 7.79
Terry Nedved - 7.73 Jason Abel - 7.56 Roger Lammey - 7.50

SILVER Santiago Trevino - 7.44 Edward Wipf - 7.42 Doug Apato - 7.40
John Bozzella - 7.36 Steve Borkowski - 7.26

BRONZE Randy Fitter - 7.20 Monty Johnson - 7.12
2018 Fleet Average - 6.91

Total Paid Out for 2018 MPG Incentive \$82,526.40

Safety
(12 months without accident or violation)

Steve Borkowski	Rick Airth	Roger Lammey	Loren Postma
Chris Cashman	Doug Apato	Chad Bacon	Jimmie Rederth
Barry Elden	Justin Friese	Bob Baker	Don Sackett
Dale Eng	Kenny Hendee	Tim Walker	Mick Tennant
Randy Fitter	Monty Johnson	Keith Mathis	Santiago Trevino
Jason Abel	Dickson Jorgensen	Terry Nedved	Kevin Trumbell

Total Paid Out for 2018 Safety Incentive \$151,401.79

Stan's celebrated National Employee Appreciation Day with lunch for the team! We also used this opportunity to recognize the MPG and Safety Award winners for 2018—those drivers who had no accidents or violations and were the best in fuel economy for 2018. Without ALL OF YOU, we would not be who we are, nor could we

do what we do. We appreciate all of our team members!



February Top Fuel Mileage Performers

Reefer Division:	Grain Division:
5.37 MPG—7.79 MPG	3.91 MPG—4.23 MPG
Cost /Mile	Cost /Mile
\$0.56—\$0.38	\$0.77—\$0.71
Jason Abel 7.79	David Fletcher 4.23
Israel Taguilas 7.42	Dickson Jorgensen 4.16
Robert Haibeck 7.40	
Maurice Tennant 7.34	
Jimmie Rederth 7.28	
	Stan's drivers traveled a total of 490,267 miles in February!

March Birthdays

- Edgar Nieto—3/2
- Hans Anderson—3/9
- Jeffrey White—3/11
- Jeremy Kubal—3/14
- Justin Friese—3/18
- Dale Eng—3/22
- Tammy Bierman—3/27
- Mark Jensen—3/30

Happy Birthday to our March babies! 

April Birthdays

- Judeen Schley—4/8
- Alec Sibson—4/16
- Taylor Sibson—4/16
- Jimmie Rederth—4/21
- Todd Burns—4/26

Happy Birthday to our April babies!

How to Have a **HAPPY DAY**

1. Slow down
2. Say thank you
3. Smile
4. Take a deep breath
5. Compliment someone
6. Appreciate small things
7. Focus on awesomeness
8. Notice three things you are grateful for

March Years of Service Anniversaries

- Judeen Schley — 14 years
- Chad Bacon — 5 years
- Ivy Eichstadt — 3 years
- Alec Sibson — 2 years

Thank you for your service and dedication to Stan's!

2018 Statistics (1/1/18 - 12/31/18)	
ISS Score as of Dec 31 st 2018 <small>Final Score: 100 Green - Optional 90-94 Yellow - Inspection 75-100 Red</small>	25
CSA BASIC Scores as of Dec 31 st 2018 <small>CSA BASIC: The CSA calculates a weighted average of a carrier's performance. The SMS groups carriers by BASIC with other carriers that have a similar number of safety events (e.g., crashes, inspections, or violations). The SMS then ranks these carriers based on their BASIC measure, assigning them a percentile from 0-100. The higher the percentile, the better the safety performance. The threshold for a DOT intervention is 65% Percentile.</small>	
Unsafe Driving	18% <small>Percentile</small>
Hours-of-Service Compliance	17% <small>Percentile</small>
Driver Fitness	0% <small>Percentile</small>
Controlled Substance & Alcohol	0% <small>Percentile</small>
Vehicle Maintenance	8% <small>Percentile</small>
Crash Indicator	5% <small>Percentile</small>
Total Miles Driven	6,711,808
Total Passed Inspections	73
Total Passed Inspections Payout	\$5,250
Total Failed Inspections	34
Total Safety Incentives Paid Out	
Drivers	\$ 151,401.79
Non-Divers	\$ 29,050.00
Grand Total	\$ 180,451.79

Check out the Monthly Safety CD's!

Congratulations to the February winners!

- Loren Postma
- Dale Eng
- Jodi Weber
- Jason Mundy
- Jeff White