



Mark Your Calendar!

- Apr. 16—Easter Sunday
- Apr. 18—Safety Committee Meeting—
2:00- 3:00—Conference Room
- Apr. 24-28—Severe Weather Awareness
Week
- Apr. 25—2016 Driver Awards Celebration
- Apr. 26—Statewide Tornado Drill
- May 24—Last day to submit your custom
Stan's logo clothing order.

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Mike's Words of Wisdom...

April 2017

Together We Can

March Madness is over and Spring is here, so away with the snow and welcome the sunshine. We are looking forward to better driving conditions and better fuel mileage with the weather becoming nicer and Spring springing.

I don't watch a lot of NCAA basketball throughout the year, but do watch the tournament and enjoy the competitiveness of the teams and the opportunity for any team to beat another on a given day. Shout out to the SDSU men's team for making the tournament but losing to Gonzaga in the first round (for you USD fans, I know you played Gonzaga earlier in the year and lost too). Gonzaga ended up losing to North Carolina in the championship game. Think of what both SD teams learned from playing the best of the best....they learned that the competition is tough and they need to improve if they are going to compete at that level.

UNC's warm up jersey's said "UNC Never Stops" which says a lot about them. UNC lost the NCAA championship game last year to Villanova on a last second miracle play. They could have went home and gave up but they didn't. Coach Roy Williams took his team home and started retooling the team with the "UNC Never Stops" philosophy.

So what would our personal warm up jersey say? Ignore It, Attack It, or Love, Support, Happiness. I guess what I am getting at is when UNC was at their lowest moment they came back with a positive plan and goals to accomplish it, and they did. We should be doing that in the same way at home and at work.

Five years ago Skimpy implemented "Together We Can" and I think that covers both home and work. If we all work together we can make anything happen, but if we don't, we can pull anything apart. Skimpy has chosen to leave Stan's after 38 years of service. He has filled the roles of Owner Operator, Company Driver, Logistics Manager, and overall supporter of the trucking industry. We are all going to miss him and wish him the best, and for him to know we have enjoyed him sharing his life and passions with us (Me) for all these years.

As we move forward we need to act like we have "Together We Can" on our warm up jerseys and grow Stan's by communicating and supporting each other and the goals of each individual, each division, and the Stan's Team as a whole. Together We Can will take us a long way if WE choose to believe it.

Mike

Respect-Relationships-Results



Highway to Health

Walking For Wellness

Walking can improve your health. It is a form of aerobic activity, which means it increases your heart rate for an extended time. Regular aerobic activity lowers your risk for heart disease, diabetes, and some cancers. It helps you stay at a healthy weight, and it can help you deal with stress and sleep better.

- *Start with a reason to walk.* If you have a reason, you're more likely to walk.
- *Set an easy goal.* A daily or weekly goal can motivate you.
- *Walk a little more every day.* Try to walk for at least 2.5 hours a week. If time is a problem, walk in blocks of 10 minutes or more at one time.
- *Walk fast enough to get health benefits.* You don't have to race-walk or run. Walk briskly enough to increase your heart rate and breathing, but not so fast that you can't talk comfortably.

What can help keep you walking?

- *Walk with Others*
- *Walk whenever you can*
- *Try a pedometer*

Source: www.CardioSmart.org

Watch for details on a Spring Walking Challenge!



Stan's employees
have worked
****97 days****
without a
"lost time"
accident!

April Birthdays
Judeen Schley—4/8
Valerie Wendt—4/8
Jimmie Rederth—4/21
Todd Burns—4/26
**Happy Birthday to our
April babies!** 

We have a new video on the About Page of our website!
It's an awesome short video that compiles all the events of the
50th Celebration!
 **Check it Out!** 
www.stansinc.net

Stan's drivers
have driven
19 days
without an at-fault
physical damage
accident!
Drive Safely!

May Birthdays
JJ Otruba—5/7
Eric Ritter—5/17
Harlan Hawley—5/24
Paul Weber—5/28
**Happy Birthday to our
May babies!**

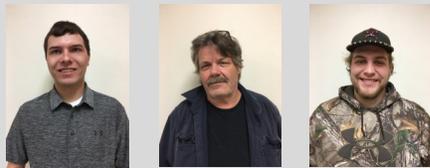
Stan's is a corporate sponsor at the Huron Country Club. This allows any Stan's employee a 40% discount off the regular price on single or family memberships at the Huron Country Club!

Contact Missy Decker @
huroncountryclub1@hotmail.com
or call her @ 605-352-3354

I don't get distracted easily.
Hey look! A golf course.



Stan's Welcomes New Employees!
Stan's welcomes new employees to the team. Alec Sibson (Left) joins our logistics division, George Jensen (Center) joins our reefer division, and Cody Friese joins our farm division.
If you see them around, introduce yourself.



Welcome to Stan's!

**April Years of
Service Anniversaries**
Paul Kopfmann—36 years
Mark Jensen—10 years
David Fletcher—3 years
Jeanine Harmdierks—3 years
David Balster—3 years
**Thank you for your service and
dedication to Stan's!**

Mar. Top Fuel Mileage Performers

Reefer Division:	Grain Division:
5.35 MPG—7.44 MPG	4.36 MPG—4.9 MPG
Cost /Mile	Cost /Mile
\$0.48—\$0.34	\$0.59—\$0.52
Scott Wagner 7.44	Paul Kopfmann 4.9
Steve Borkowski 7.29	Dickson Jorgensen 4.7
Michael Phillips 7.23	
Terry Nedved 7.2	Stan's drivers traveled a total of 457,034 miles in March!
Bob Haibeck 7.2	

Congratulations!!!

Congratulations to Scott Wagner and Melanie Walker on being presented the **2016 Volunteers of the Year Award!**

Presented by [truckersfinalmile.org!](http://truckersfinalmile.org)

Congratulations to Andrew Uttecht, (3rd from the left) son of Dave and Angie Uttecht for his induction to the Order of Omega Honor Society at SD School of Mines and Technology.



Ryan Gill, Judeen's grandson from Grand Island, left for Marine Basic Training on Feb. 27th, Ryan will be in Recruit Training for 13 weeks. He's stationed at the Marine Corps Recruit Depot Center in San Diego, CA. Currently, his graduation is planned for May 26th.

After graduation, Ryan will have a 10 day leave. He will then report for Advanced Military Occupational Specialty Training, before getting his duty assignment.

Stan's will be hosting a Driver Appreciation Lunch on April 25th! We will be serving food and celebrating the 2016 Safety and MPG winners!



Come join the fun!

Watch for more details in the coming weeks!

It's a BOY!
Congratulations to Patsy on the birth of her new grandson! Parker Dale was born on April 3rd Weighing in at 8lbs. 2oz. And measuring 20 3/4 in. long.

